

FAMILY LINK

MAY 2020

At the end of the day, the most overwhelming key to a child's success is the positive involvement of their parents." - Jane D. Hull



Curriculum Connections

Keep Your Young Scientist Engaged!



Parents of 3-5th graders are encouraged to check out these useful Family Bulletins created by the AACPS Science Office.

3rd grade 4th grade 5th grade

Along with details on what your child will be learning in the 4th quarter, the bulletins include activities to support the home-to-school connection, a list of real world connections, links to websites and resources and tips on what you can do to make your student successful in science!

April was Volunteer Appreciation Month



Thank you to all the many fabulous volunteers that make AACPS

Awesome!

Supporting Learning at Home

A routine schedule for learning is important, if children are to get the most out of learning. As described in the AACPS <u>Suggested Daily</u> <u>Schedules for Students</u>, depending on the age of your child, between 2 - 4 hours per day of core academic learning is appropriate for home-learning.

- Engage your child in making the schedule. This will help them buy into it.
- Post your daily schedule, so everyone knows what to expect.
- Embrace the opportunity to create a rhythm of life that works best for your family.
- Plan learning times for when your child is most attentive. This is most often shortly after the day begins which can vary depending on the age of your child.
- Build in breaks. Work with your child to decide the length of study periods and how often they need a break. Elementary School students may need a break every 5-20 minutes. Middle and High School students may need a break every 15-45 minutes.



For more tips on how to support learning at home, click <u>HERE</u>.

OFFICE OF SCHOOL & FAMILY PARTNERSHIPS



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Does your child need help with schoolwork? **Check out Anne Arundel County Public Library's** online tutor service!

Chat live with a tutor

12 pm - 11:55 pm, 7 days a week. Kindergarten through Adult Learner Math, Science, English, Social Studies, Spanish. Spanish-speaking tutors available.

Wellness Tip



Keeping active and engaged as a family is a great way to remain emotionally strong during this unprecedented time. The following list, from Indy's Child, provides a wide variety of activities you can do with your children while you are at home. For a complete list, go to 70 Things to Do with Kids Now That We're All Stuck at Home

- 1. Go camping in the living room.
- 2. Design and go on an indoor treasure hunt.
- 3. Plan a family garden.
- 4. Teach your pet a new trick.
- 5. Have an indoor picnic.
- 6. Listen to an audiobook or podcast.
- 7. Learn and play a new card or board game.
- 8. Play indoor volleyball or soccer with balloons.
- 9. Snuggle on the couch and read your favorite books.
- 10. Rearrange or redecorate your room.

Food that's in when school is out!

Serving Meals Monday Through Friday!

Anne Arundel County Public Schools is providing free breakfast, lunch, and dinner to children, ages 2-18. There are no income or registration requirements. A complete list of meal sites can be found at <u>www.aacps.org/mealpickup</u>. A map of meal sites can be found at www.aacps.org/mealsitemap.



Supplemental Nutrition Assistance Program (SNAP)

Maryland Department of Human Services SNAP Program, helps low income people buy the food they need for good health. You may be able to receive a food supplement if you:

- Work for low wages
- Are unemployed or work part-time
- Receive public assistance payments
- Are elderly or disabled and live on a small income
- Are homeless

Click here for more details.

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